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We probe the density-wave transition of the trilayer nickelate $\text{La}_4\text{Ni}_3\text{O}_{10}$ with polarization-resolved infrared spectroscopy. The low-energy electrodynamics is strongly anisotropic, with metallic in-plane and insulating out-of-plane character. In the ordered phase, the anisotropy grows more than an order of magnitude as the out-of-plane conductivity is sharply suppressed. We interpret this enhancement as an effective electronic decoupling of the Ni-O layers driven by a spin-density-wave-induced redistribution of Ni- d_{z^2} occupation within the trilayers. This electronic response is accompanied by clearly shifting and splitting out-of-plane phonons, compatible with a density-wave instability of electronic origin.

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Bilayer $\text{La}_3\text{Ni}_2\text{O}_7$ and trilayer $\text{La}_4\text{Ni}_3\text{O}_{10}$ Ruddlesden-Popper (RP) nickelates become superconductors under pressure [1–9]. In both of these materials, superconductivity emerges from density-wave (DW) ground states at ambient pressure, seemingly emulating the phenomenology of hole-doped copper oxides [10–15]. However, unlike high- T_c cuprates, whose low-energy physics is often captured by a single $d_{x^2-y^2}$ band, RP nickelates are multi-orbital systems with substantial interlayer coupling. It is, therefore, crucial to resolve how the active orbitals contribute to the DW instabilities, mediate coupling between Ni-O planes, and influence the transport properties of these materials [9,16,17].

The trilayer RP compound $\text{La}_4\text{Ni}_3\text{O}_{10}$, shown in Fig. 1(a), is a compelling platform to address these multiorbital effects. This material has an average Ni valence of $3d^{7.33}$, and both $d_{x^2-y^2}$ and d_{z^2} orbitals contribute to its low-energy physics [18–23]. While $d_{x^2-y^2}$ orbitals are key to the in-plane physics, d_{z^2} states couple the three NiO_3 octahedral layers via apical oxygen hybridization. This out-of-plane coupling also differentiates inner (light purple) and outer (dark purple) Ni-O layers due to their distinct local electronic environments [21,23–25]. At ambient pressure, $\text{La}_4\text{Ni}_3\text{O}_{10}$ exhibits an intertwined spin- and charge-density-wave (SDW, CDW) transition near $T_{\text{DW}} \approx 140$ K. The CDW is in phase across

all three layers, while the SDW resides on the two antiferromagnetically coupled outer layers, leaving a node in the inner layer [13,17,21,26]. Under pressure, CDW and SDW states collapse, with superconductivity appearing at $T_c \approx 20\text{--}40$ K [3,6,14].

In this Letter, we use infrared spectroscopy to investigate how the DW phase influences the low-energy electrodynamics in trilayer nickelate $\text{La}_4\text{Ni}_3\text{O}_{10}$ bulk single crystals. Details on single-crystal sample growth, optical measurements, and computational simulations can be found in the Supplemental Material (SM) [27]. We observe a pronounced electronic anisotropy at far-infrared frequencies, as the in-plane conductivity is metallic, while the conductivity in the out-of-plane stacking c^* direction is insulating. Across the DW transition, the out-of-plane transport is strongly suppressed, yielding an order-of-magnitude enhancement of the transport anisotropy. We attribute this effect to a DW-driven redistribution of Ni d_{z^2} orbital occupation that effectively decouples the Ni-O layers. We also observe distinct phonon renormalizations and mode splittings, consistent with the presence of electron-phonon and magnetoelastic coupling. Together, these results show that the DW phase dramatically reshapes the normal-state properties of RP nickelates.

Figure 1(b) shows the polarized infrared reflectivity of $\text{La}_4\text{Ni}_3\text{O}_{10}$ for in-plane ($E\|ab$) and out-of-plane ($E\|c^*$) directions over a broad frequency range. Here, c^* denotes the direction normal to the ab -plane, which is slightly tilted relative to the crystallographic c axis in the monoclinic $P2_1/a$

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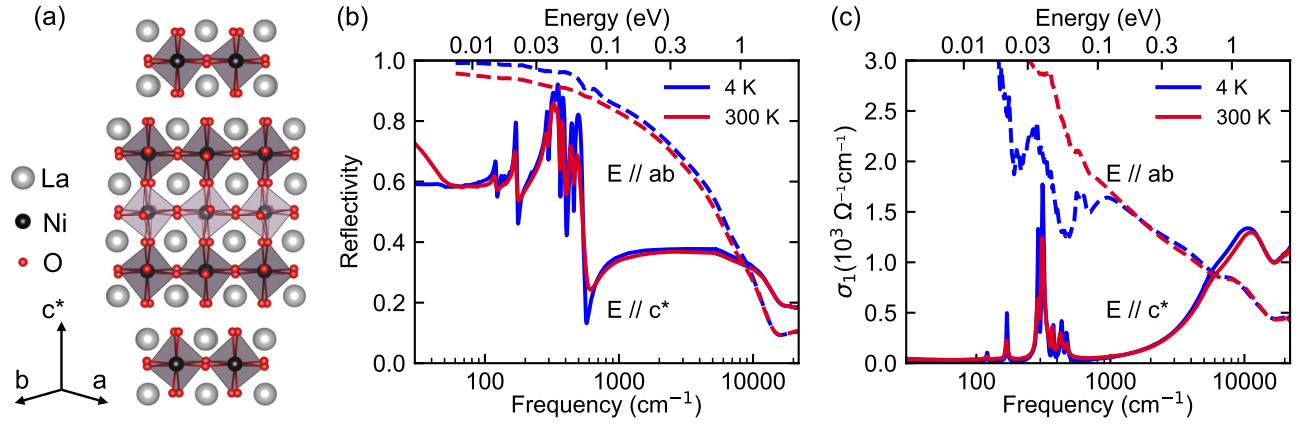


FIG. 1. (a) Structure of the trilayer Ruddlesden-Popper nickelate $\text{La}_4\text{Ni}_3\text{O}_{10}$, consisting of three NiO_3 octahedral layers, where the inner and outer layers are colored differently to reflect their distinct local electronic environments. (b) Reflectivity and (c) real part of the optical conductivity σ_1 at base (blue) and room temperature (red). Out-of-plane ($E \parallel c^*$) and in-plane ($E \parallel ab$) optical responses are shown in solid lines and broken lines, respectively. The DW transition temperature is approximately 140 K.

structure. The optical response of this trilayer nickelate is strongly anisotropic. The in-plane reflectivity is metallic, exceeding 0.9 below 500 cm^{-1} and exhibiting a clear plasma edge around $10\,000 \text{ cm}^{-1}$. In contrast, the out-of-plane reflectivity is nearly insulating, with only a minor conductivity contribution (likely from hopping conduction) and several infrared-active phonons. This qualitative dichotomy mirrors layered cuprates, where metallic CuO_2 planes coexist with a nearly insulating interlayer response [44]. Figure 1(c) shows the optical conductivity from Kramers-Kronig transformations [45,46] (see SM, Sec. S1 [27]). The optical absorption reveals that the large electronic anisotropy surprisingly reverses around 5000 cm^{-1} . At low frequencies, the in-plane conductivity dominates, consistent with quasi-two-dimensional metallicity, whereas at higher energies, the out-of-plane conductivity exceeds the in-plane component. This crossover signals a clear energy-scale separation of orbital excitations. The high-energy response is set by strong out-of-plane coupling mediated by Ni d_{z^2} orbitals, while the low-energy electrostatics is dominated by in-plane Ni $d_{x^2-y^2}$, with a substantially reduced d_{z^2} contribution [21].

The observed frequency-dependent reversal in the optical anisotropy is unusual among layered correlated materials. In cuprate superconductors, the infrared optical response is dominated by in-plane $d_{x^2-y^2}$ orbitals, while the out-of-plane conductivity is suppressed by roughly an order of magnitude across the entire infrared range without signs of anisotropy reversals [44,47–50]. In iron-based superconductors, despite their multiorbital and more three-dimensional electronic structure, the in-plane conductivity still exceeds the out-of-plane response, with anisotropy ratios typically ranging between 1 and 10 and, again, no reported reversal [51–54]. The anisotropy reversal of our trilayer nickelate thus reflects a marked multiorbital nature, where distinct orbitals dominate the electronic properties at different energy scales, akin

to earlier reports on $\text{La}_{2-x}\text{Sr}_x\text{NiO}_4$ and theoretical predictions for $\text{La}_3\text{Ni}_2\text{O}_7$ [55,56].

Below the DW transition, the in-plane optical conductivity remains metallic but shows a partial mid-infrared depletion of spectral weight associated with the opening of a DW gap [Fig. 1(c)]. We extract the DW gap by analyzing the differential optical conductivity (see SM, Sec. S3 [27]). At base temperature, we obtain an energy gap $2\Delta_{\text{DW}} = 112 \text{ meV}$, corresponding to $2\Delta_{\text{DW}}/k_B T_{\text{DW}} \approx 9.3$. This ratio is well above the weak-coupling value of 3.52, yet comparable to that of $\text{La}_3\text{Ni}_2\text{O}_7$ [57] and consistent with earlier estimates for $\text{La}_4\text{Ni}_3\text{O}_{10}$ [16,58–60]. A full temperature dependence, shown in SM Fig. S1 [27], verifies that this change occurs continuously. The gap $\Delta(T)$ follows a mean-field behavior, in line with prior x-ray diffraction and neutron scattering [13], and points to a second-order transition, likely driven by an SDW instability [61].

Figures 2(a)–2(d) show the main result of our Letter, where we observe a dramatic effect of the density wave on the temperature dependence of the low-frequency in- and out-of-plane optical conductivity. At frequencies below the phonon and interband contributions, we simultaneously fit the real and imaginary optical conductivity with a simplified Drude + ϵ_∞ model and obtain extrapolated DC resistivities ρ_{ab} and ρ_{c^*} from $\rho_{\text{dc}} = \lim_{\omega \rightarrow 0} 1/\sigma_1(\omega)$ at each temperature [Fig. 2(e)]. While ρ_{ab} remains metallic across the entire temperature range, showing only a weak kink at T_{DW} , ρ_{c^*} rises abruptly by nearly a factor of 5 upon cooling through T_{DW} . As a result, the anisotropy ratio ρ_{c^*}/ρ_{ab} [Fig. 2(f), inset] grows by over an order of magnitude, from $\rho_{c^*}/\rho_{ab} \approx 70$ at room temperature to $\rho_{c^*}/\rho_{ab} \approx 2600$ at 4 K, with the sharpest enhancement occurring at the DW transition. We also note that these optically extrapolated DC resistivities agree with separately measured DC transport measurement results [shown as broken lines in Fig. 2(e)]. These results show that the DW transition drives a strongly anisotropic reorganization of charge dynamics, with out-of-plane

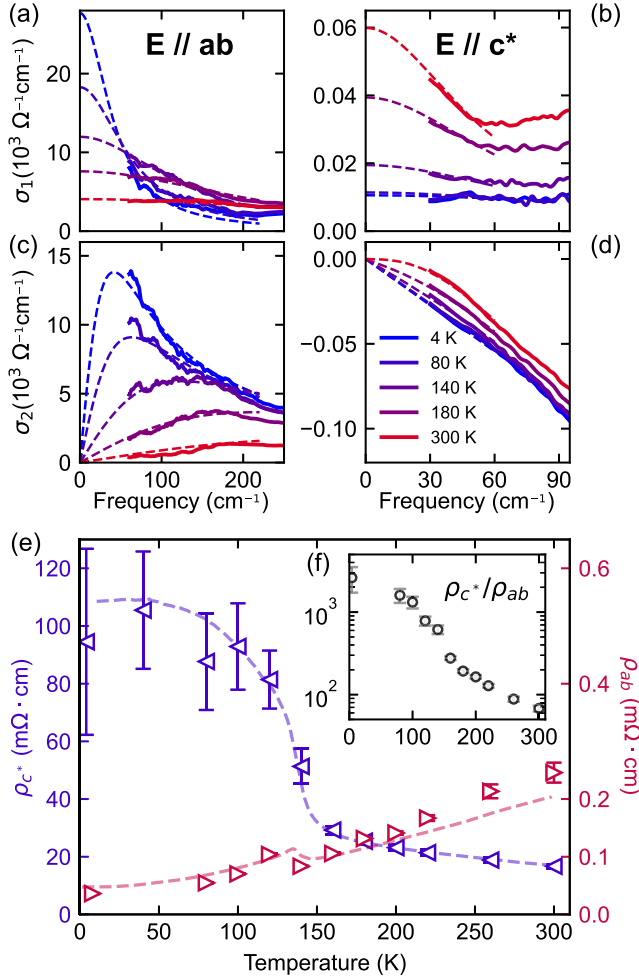


FIG. 2. (a)–(d) Temperature-dependent real and imaginary optical conductivity of $\text{La}_4\text{Ni}_3\text{O}_{10}$ in- ($E \parallel ab$) and out-of-plane ($E \parallel c^*$), denoted as solid lines. Drude + ϵ_∞ model fits are shown as dashed lines. (e) Temperature dependence of the extrapolated DC resistivity obtained from the Drude fits. Left- and right-pointing triangles with error bars represent the out-of-plane (ρ_{c^*}) and in-plane (ρ_{ab}) resistivities, respectively. Broken lines denote DC resistivity obtained from transport measurements. ρ_{ab} is adapted from Ref. [62] (see SM, Sec. S6 [27] for further details). (f) Inset: temperature-dependent resistivity anisotropy ratio ρ_{c^*}/ρ_{ab} .

transport suppressed far more than that of in-plane. The large and strongly temperature-dependent anisotropy is consistent with an effective dimensional crossover, meaning that the electronic properties transition from a moderately three-dimensional character at high temperature to a highly two-dimensional character in the low-temperature DW phase.

We argue that the enhanced electronic anisotropy follows from an effective decoupling of the layers within each trilayer subunit (Fig. 3). In trilayer RP nickelates, strong interlayer hybridization of the Ni d_{z^2} orbitals produces three molecular sub-bands (bonding, nonbonding, antibonding) quantum confined by La-O spacer layers between successive Ni-O trilayers. The bonding and antibonding

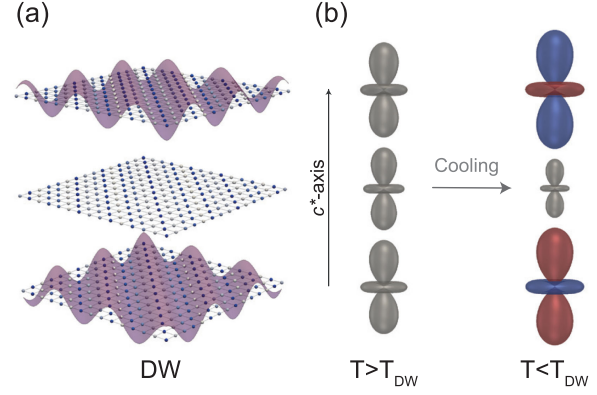


FIG. 3. (a) Real-space depiction of the DW modulation. Below T_{DW} , an antiphase SDW develops on the outer layers, leaving the inner layer as a magnetic node, while the intertwined CDW is in phase across the trilayer. The SDW is indicated by the purple wave and the CDW by the blue-white variation in the lattice color. (b) Possible DW-driven redistribution of Ni d_{z^2} orbital occupation within a trilayer. Above T_{DW} , the trilayer is nonmagnetic, and the d_{z^2} occupation is comparable in inner and outer Ni-O layers despite their inequivalent local environments. Below T_{DW} , the SDW residing on the outer layers (with a magnetic node on the inner layer) is accompanied by an enhanced d_{z^2} weight on the outer layers and a reduced weight on the inner layer, thereby suppressing interlayer transport. The inverted colors on the outer layer d_{z^2} orbitals illustrate the phase of the SDW modulation.

states carry d_{z^2} weight on all three layers, whereas the odd-symmetry nonbonding band has a node on the inner Ni layer. As a result, layer-differentiated filling of the d_{z^2} orbitals emerges naturally in this system, independent of temperature [21,22,25,63,64]. Upon cooling into the DW state, diffraction has established that $\text{La}_4\text{Ni}_3\text{O}_{10}$ develops an intertwined SDW-CDW state in which the SDW resides on the two outer Ni-O layers, leaving the inner layer as a magnetically strongly suppressed node [13,26] [Fig. 3(a)]. A natural interpretation of the effective layer decoupling is that DW order reconstructs the d_{z^2} -derived trilayer states that govern out-of-plane transport. Although optics cannot uniquely determine the underlying microscopic mechanism, it establishes a strong suppression of the d_{z^2} mediated interlayer response in the DW phase, consistent with our calculations showing a reduced interlayer d_{z^2} hopping (see SM, Sec. S10 [27]). One possible route, implied by theory [21,65], is a redistribution of d_{z^2} weight that promotes the nonbonding component. Such a component is concentrated on the outer Ni sites and has negligible inner-layer weight, thus increasing d_{z^2} occupation on the outer layers while lowering it on the inner layer [Fig. 3(b)]. This scenario would reduce the effective interlayer overlap of the d_{z^2} orbitals and suppress the out-of-plane transport. Alternatively, the DW state could also suppress the low-energy c^* -axis response through a partial gap opening on d_{z^2} -derived states [66], loss of quasiparticle coherence [67], or form-factor effects [68].

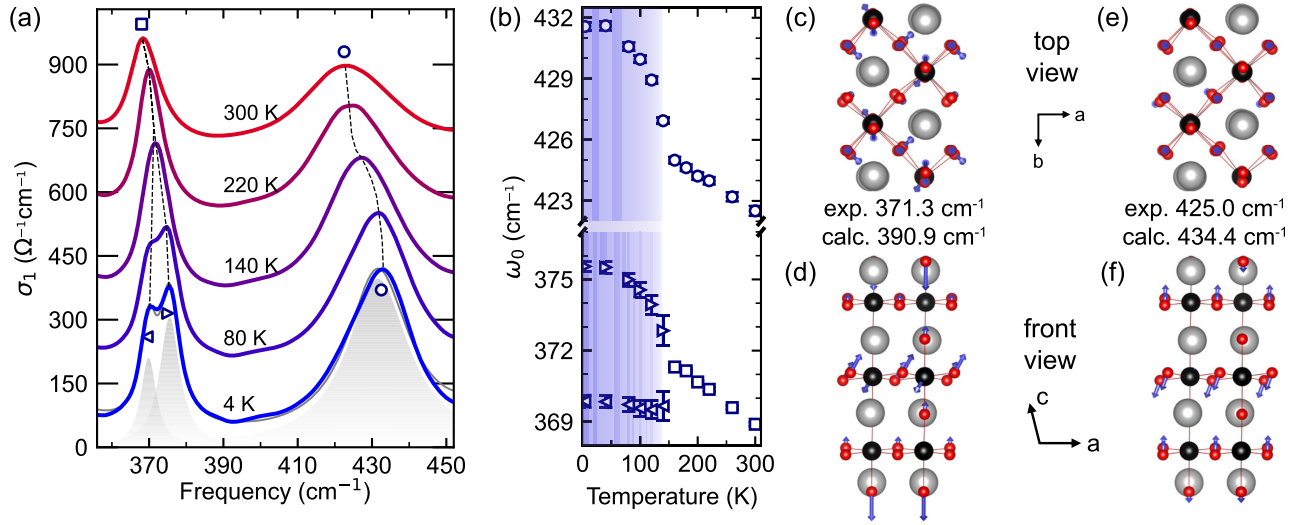


FIG. 4. (a) Temperature evolution of the out-of-plane vibrational response. Spectra are vertically offset by $150 \Omega^{-1} \text{cm}^{-1}$ for clarity. Symbols mark phonon frequencies, and dotted lines are guides to the eye. Drude-Lorentz fits to the 4 K spectrum with individual contributions are shown as gray lines and shaded areas, respectively. (b) Temperature-dependent phonon frequencies for selected modes; triangles denote split modes in the DW phase (blue shading). (c)–(f) Calculated atomic displacements for infrared-active modes matching the 160 K data in panel (b); only large-amplitude displacements are shown for clarity. Owing to the monoclinic angle β , the crystallographic c axis is tilted by $\sim 11^\circ$ relative to the experimental out-of-plane c^* direction. (c), (d) and (e), (f) are views of the same mode from two different directions.

This electronic layer decoupling is supported by the kinetic-energy renormalization $K_{\text{exp}}/K_{\text{DFT}}$ (SM, Sec. S4 [27]), where K_{exp} is obtained from the Drude plasma frequency and K_{DFT} from uncorrelated DFT. At 160 K (above T_{DW}), we find $K_{\text{exp}}^{ab}/K_{\text{DFT}}^{ab} = 0.237$, consistent with a moderately correlated metal [58,69], while the c^* -axis renormalization is far stronger, $K_{\text{exp}}^{c^*}/K_{\text{DFT}}^{c^*} = 0.032$. The resulting anisotropy implies that c^* -axis charge dynamics, set by d_{z^2} -mediated interlayer hopping, is already strongly correlated at high temperature, and thus, is especially susceptible to the DW transition, consistent with the observed layer decoupling.

The pronounced enhancement of the low-energy electronic anisotropy highlights the distinctive place of RP nickelates within the landscape of unconventional superconductors. Cuprates typically display very large, strongly temperature-dependent electronic anisotropy, sometimes accompanied by signatures of a dimensional crossover toward a highly two-dimensional low-energy state [70–77]. However, their physics is effectively described by a single $d_{x^2-y^2}$ orbital. By contrast, iron-based superconductors, where multiple orbitals contribute comparably to both in-plane and out-of-plane transport, exhibit only moderate anisotropy with weak temperature dependence [53,78–85]. Our data show that $\text{La}_4\text{Ni}_3\text{O}_{10}$ realizes an intermediate regime where several orbitals remain active near E_F and interlayer coupling is appreciable. Yet once DW order sets in, it sharply amplifies the transport anisotropy by effectively decoupling the Ni-O layers within each trilayer

subunit, enhancing the two-dimensional character of the low-energy charge dynamics [8,86].

Beyond reshaping the low-energy electrostatics, the DW transition also imprints clear signatures in the c^* -axis vibrational spectrum. Analysis of the infrared-active phonons (see SM, Sec. S9 [27]) shows that the strongest effects occur between 350 and 450 cm^{-1} [Figs. 4(a) and 4(b)]. Upon cooling into the DW state, the 370 cm^{-1} peak splits into two branches, while the 430 cm^{-1} peak strongly hardens without splitting [Fig. 4(b)]. Additionally, weaker anomalies are discussed in the SM, Sec. S9 [27], but in all cases, the low-temperature evolution departs significantly from the smooth anharmonic trends above T_{DW} . We compared the room-temperature results to first-principles calculations for the monoclinic $P2_1/a$ crystal symmetry. Based on this analysis, we associate the phonons at 371 and 425 cm^{-1} to the calculated eigenvectors in Figs. 4(c)–4(f). These are dominated by Ni-O bond distortions with mixed bending and stretching, implying that the DW primarily perturbs lattice distortions coupled to charge modulation in the Ni-O layers.

These vibrational anomalies could originate from (i) a structural transition, (ii) zone folding by the DW superlattice, (iii) electron-phonon coupling, or (iv) magnetoelastic coupling. Across the DW transition, diffraction establishes an incommensurate DW lattice modulation (weak satellite reflections with typical intensities $\sim 10^{-4}$ of the fundamental Bragg peaks [13]) while the average structure defined by fundamental reflections shows no resolved space-group change, and the reported lattice-parameter anomalies are

well below the 0.1% level [62,87–89]. Nonetheless, we observe $\sim 1\%$ frequency shifts and splittings only for certain phonons in a frequency window of $300\text{--}500\text{ cm}^{-1}$, far exceeding expectations from such small structural changes. This mismatch, together with the absence of any resolved average space group change, disfavors an explanation based on a simple lattice instability.

Zone folding by the DW superlattice, which backfolds finite-momentum phonons to the zone center [90], is, in principle, expected in $\text{La}_4\text{Ni}_3\text{O}_{10}$. The CDW exhibits an in-plane superlattice modulation on all Ni-O layers, and its out-of-phase stacking between neighboring trilayers further enlarges the effective periodicity along the out-of-plane direction [13]. This enlarged DW-modulated periodicity can, in principle, activate additional infrared-active phonons. However, zone folding alone does not adequately account for our data. For an incommensurate DW, even the closest five-unit-cell approximant would generically activate many additional modes across the entire vibrational spectrum, thus introducing a much broader distribution of extra features than that observed. Instead, the DW anomalies remain sharp and highly selective, appearing only in a small subset of Ni-O vibrations. Electron-phonon coupling in the DW state is, therefore, a more compelling ingredient. The unidirectional CDW creates an anisotropic charge distribution [13], thereby selectively differentiating previously equivalent local environments and anisotropically renormalizing lattice force constants, which can, in turn, account for the phonon anomaly observed experimentally as a splitting in selected Ni-O peaks. DW-CDW collective modes (amplitude-phase fluctuations) may also couple to infrared phonons and contribute to the observed anomalies [91]. Finally, magnetoelastic coupling may contribute by renormalizing phonon energies and lifetimes and, in some cases, producing mode splitting [92]. Because the CDW in $\text{La}_4\text{Ni}_3\text{O}_{10}$ is intertwined with SDW order with sizable outer-layer ordered moments [14,21,65], and the phonon anomalies occur at energies comparable to magnetic excitations (up to $\sim 50\text{ meV}$) reported by resonant inelastic x-ray scattering [93,94], coupling between lattice vibrations and collective spin excitations is a realistic possibility.

In the aggregate, our observations establish $\text{La}_4\text{Ni}_3\text{O}_{10}$ as a strongly anisotropic, multiorbital metal. Upon entering the DW state, its low-energy anisotropy increases by over an order of magnitude, consistent with an effective decoupling of the Ni-O layers within each trilayer subunit. The simplest reading of the optical data is that this process is electronically driven, arising from a DW-induced redistribution of Ni d_{z^2} occupation that quenches interlayer charge dynamics without a resolved change in the average crystallographic space group. While the Ni $d_{x^2-y^2}$ and d_{z^2} orbitals are energetically distinct, with $d_{x^2-y^2}$ states dominating the in-plane metallic state, we find that d_{z^2} orbitals govern both the interband transition and hopping conduction along the out-of-plane direction. Overall, the unique

interplay between the two orbitals in layered nickelates defines the low-energy electrodynamics and yields an emergent quasi-two-dimensional response promoted by DW order. The significant impact of the DW state on the lattice dynamics, in the absence of correspondingly large structural changes, further supports a picture in which the DW state is primarily electronic in origin. Our results imply that any microscopic discussion of the superconducting instability in this family should explicitly account for multiorbital effects and changes of the coupling among the layers, providing a concrete point of comparison to cuprates and iron-based superconductors.

Note added—We have become aware of a recent optical study of trilayer $\text{La}_4\text{Ni}_3\text{O}_{10}$ [95]. While the overall phenomenology is consistent, our Letter focuses on the effect of the DW transition on the in- and out-of-plane electronic response below $100\text{--}150\text{ cm}^{-1}$ and the vibrational properties, thereby providing complementary information on the low-energy physics of this material.

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Data availability—The data that support the findings of this article are openly available [96].

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